

University of Essex Catholic Chaplaincy

Fr Mark Swires

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Eighth Sunday of Ordinary time (Year A)

website – www.EssexCatholic.org.uk

twitter - UoECatholic

CathSoc twitter – UoECathSoc

CathSoc Facebook - UoECatholicSociety

Sunday Mass on Campus - 12:10pm in the Chaplaincy

**Confession (Sacrament of Reconciliation) in Chaplaincy office:
before and after each Mass, and whenever requested.**

Behind screen: Fridays 6 to 6:40pm (also 5pm on Ash Wednesday)



Set your hearts on his kingdom first, and on his righteousness and all these other things will be given you as well.

Directions to the Chaplaincy: Take entrance 2NE on Square 2; go down to the 3rd floor and follow signs for the Multi-Faith Chaplaincy.

CathSoc elections

The Society elections are coming up very soon. For the election to be quorate (and for CathSoc to continue) there need to be enough members. Please join and vote. Here are some instructions from Kevin:

Go to: <https://www.essexstudent.com/login/>.

- Select staff or student or guest...
- Then select "My Membership" --> "Societies" --> "Find a Society" --> "Catholic Society" (it is in the catalogue of "Religious").
- To join the society, click "Add to Basket" and check-out with the price of £2.50

If you will be here next year please consider standing for one of the committee posts... You can ask Kevin – kyleea. Stephanie – sogunm or Louis – lkirkp for information about what it involves.

There is Mass at 7pm on Monday evening, followed by Adoration and Rosary.

Lunchtime Mass on Tuesday

Mass this Tuesday at 1:05pm in the Chaplaincy. Followed by a simple lunch.

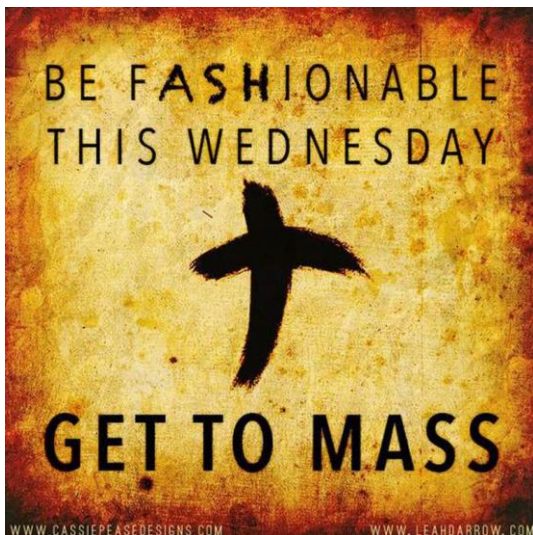
This week we begin the season of Lent

Wednesday is Ash Wednesday. This is a day of fasting and abstinence for Catholics. There is an additional sheet giving information about fasting and abstinence. At any rate, we should *abstain* from eating meat and *fast* by having only one full meal and two “collations” or snacks.

Giving up something for Lent

We can give up something for Lent as a penance. It’s also good to do something to grow nearer to Jesus. For example, if you have sometimes missed Mass on Sunday, why not go to Confession and make a new start in this area? Or maybe you might like to make a special effort to attend some of the weekday Masses...

It’s good to pray to the Holy Spirit and ask him to guide us in what to do.



Ash Wednesday Confession

There is Confession on Ash Wednesday in the Chaplaincy office from 5pm. There is the option of going to Confession anonymously behind a screen. I’m attaching a “guide to Confession” sheet again; I hope this is helpful.

Mass on Ash Wednesday

There is Mass in the Chaplaincy, with imposition of Ashes at 6pm. There is also Mass at St Monica’s in Wivenhoe at 7:30pm.

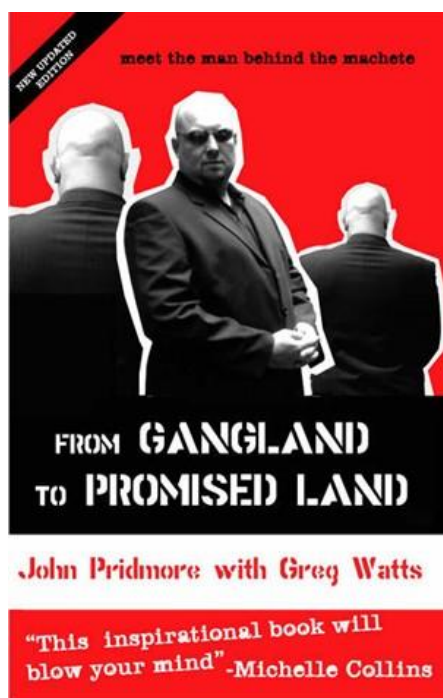
Friendship group Meets on Wednesday afternoons. For more information please contact Stephanie – sogunm@essex.ac.uk

There is Mass on Thursdays in the Chaplaincy at 6pm, followed by refreshments.

Sacrament of Confession – As indicated above, on Ash Wednesday. And on Friday from 6pm to 6:40pm. Anonymous Confession behind a screen is available.

Mass and Stations of the Cross on Friday

We have Mass at 7pm on Friday, followed by Stations of the Cross at 7:30pm.



Book club... This term we're reading **From Gangland to Promised Land** by John Pridmore.

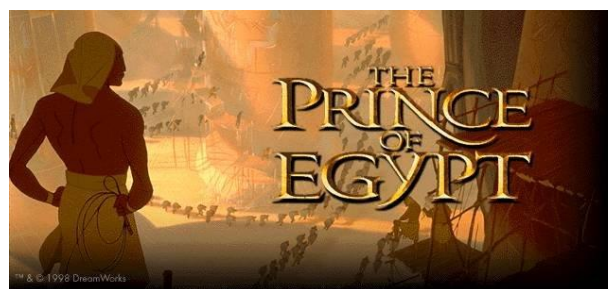
Please contact Lucy lmoid@essex.ac.uk for more information.

John Pridmore grew up in London's East End. He started stealing when he was 11. His work as a bouncer led him to join some of London's most vicious firms, and gave him entry into a dark world of drug dealing, armed robbery and intimidation. And then one day, he almost killed a man. . . . This is an extraordinary adventure story of the human spirit, a journey from violence and despair to hope and freedom.

Film Night –

The next Film Night is this Friday, 3rd March at 8pm (note time change) in 3.320 (down the corridor from the Chaplaincy).

Film: The Prince of Egypt (celebrating the beginning of Lent)



Legion of Mary, Friday, 2:30pm

If you have a devotion to Our Lady and would like to help people discover the beauty of the Catholic Faith, this is for you. The meeting lasts about 1 hour and includes the praying of the Rosary. Takes place in the Chaplaincy.

Please can you re-tweet, re-post and like things on our Social Media?

This week – Events and Fr Mark’s availability...

In the grid below I have indicated the times I am available.

Please do email, text or phone me at any time if you would like to speak to me or make an appointment to see me.

Sun	26	Feb	12:10pm	Chaplaincy	Sunday Mass
Sun	26	Feb		Chaplaincy	Fr Mark available after Mass
Mon	27	Feb	7pm	Chaplaincy	Mass
Mon	27	Feb	7:30pm	Chaplaincy	Adoration, Rosary, Confession
Mon	27	Feb		Chaplaincy	Fr Mark available 8-10pm
Tue	28	Feb	9am	St Monica	Mass at St Monica’s, Wivenhoe*
Tue	28	Feb	1:05pm	Chaplaincy	Mass and simple lunch
Tue	28	Feb		Chaplaincy	Fr Mark available 12 noon until Mass
Wed	1	Mar	2pm		Friendship group - Contact Stephanie; sogunm@essex.ac.uk
Wed	1	Mar	5pm	Chaplaincy	Ash Wednesday - Confession
Wed	1	Mar	6pm	Chaplaincy	Mass with imposition of Ashes
Wed	1	Mar	7:30pm	St Monica	Mass with imposition of Ashes at St Monica’s, Wivenhoe*
Thu	2	Mar	6pm	Chaplaincy	Mass
Thu	2	Mar	6:30pm	3.320	Gangland to Promised Land book club
Fri	2	Mar		Chaplaincy	Fr Mark available
Fri	23	Mar	6-6:40pm	Chaplaincy	Confession with screen for anonymity
Fri	24	Mar	9am	St Monica	Mass at St Monica’s, Wivenhoe*
Fri	24	Mar	2:30pm	Chaplaincy	Legion of Mary meeting
Fri	24	Mar	7pm	Chaplaincy	Mass
Fri	24	Mar	7:30pm	Chaplaincy	Stations of the Cross
Fri	24	Mar	8pm	3.320	Film night – Lion King
Sat	25	Mar	9am	St Monica	Mass at St Monica’s, Wivenhoe*

*There is Mass at 9am at St Monica’s Church in Wivenhoe on Tuesday, Friday and Saturday. The address of St Monica’s is: De Vere Lane, Wivenhoe, CO7 9AU. It is near the Co-op. in Wivenhoe and is about 2 miles (or one Rosary) walk from Sq3.